

ON THE BENCH IN PE

Name: _____ Date: _____ Period: _____ Grade: _____

Directions: Please select the box that appropriately describes why you are unable to participate in PE today. Then write a note below explaining why you are sitting out and what can be done differently in the future to avoid this problem. Please use complete sentences and proper punctuation. If you have a note from home, please submit it with this form.

- ☐ **I am sick and have doctor/parent/guardian note.**
- ☐ **I am injured or sick.**
- ☐ **I am in time-out.**
- ☐ **I did not wear appropriate shoes for PE.**
- ☐ **I did not wear appropriate clothes for PE.**
- ☐ **Another reason: _____.**

Please use the space below to explain. Once you are done, use the rest of this page, (and the back if you need more space), to describe what activities and discussions we did in class today.

Student Signature: _____ Date: _____

Parent Signature: _____ Date: _____

*** Please have your parent/guardian sign this form and return it to your PE teacher.**