

# MEDICAL EXCUSES

Although it is my goal to help students become healthier, more active individuals by participating in physical activities each day, I also know that sometimes things happen beyond our control. Please review the information below to better understand my policy in the event that your child may become injured or ill throughout the year.

- \* When ill/injured, students may be excused for up to three(3) days of the physical activity portion of PE with a note from home. This note must specify the desired dates of inactivity and must be signed by a parent or guardian. **Students are always expected to dress out for class.**
- \* Beyond 3 days, a doctor's note is required with specific dates of anticipated nonparticipation.
- \* Students must report all injuries that occur during class to their teacher immediately
- \* If students are unable to participate in class due to a medical excuse, they will be expected to **fill out an: "On the Bench in PE"** form and submit it with the note to their teacher after roll call. Forms will be made available in the locker room offices, and on my website. Non participation for any reason will result in partial or full loss of points for the day, depending on the value of the day's activity.
- \* Students with **excused** non-suits or **excused** absences will be given the opportunity to make up their missed hours and missed points during lunch, and before or after school if appointments are available. Make-ups must be completed within 2 weeks. Students subject to extended, excused non-suits/absences will receive accommodations for recovery of missed hours.
- \* Students who have long term medical notes from a doctor will need to discuss their options with their teacher, to determine their best placement.